

# HEALING CRISIS

## WHAT TO EXPECT DURING DETOXIFICATION

WHILE TAKING HERBAL BOTANICALS YOU MAY EXPERIENCE COLD, AND FLU-LIKE SYMPTOMS SUCH AS; ACHEs, PAINS, COUGHING, SNEEZING, DIARRHEA, FEVER, AND SWEATS. ALL OF THESE SYMPTOMS ARE AN INDICATION THAT THE BODY IS HEALING ITSELF, AND DETOXING. THE NATURAL DETOXIFICATION PROCESS ALSO REFERRED TO AS A HEALING CRISIS CAN LAST FOR MINUTES OR A FEW WEEKS DEPENDING ON THE INDIVIDUAL'S LEVEL OF TOXICITY. AS YOUR BODY EXPELS TOXINS YOU MAY EXPERIENCE SYMPTOMS OF PAST CONDITIONS OR ILLNESS. THIS MAY OCCUR DUE TO THE RELEASE OF SUPPRESSED TOXINS. DIS-EASE IS AN INTERRUPTION OF ENERGY FLOW OF THE BODY—WHICH CAUSES THE BODY TO BECOME INFLAMED, ACIDIC, AND TOXIC. DETOXING AND ALKALINIZING THE BODY WITH HEALING BOTANICALS AND AN ALKALINE PLANT-BASED DIET PROMOTES CELLULAR REGENERATION. OUR HERBAL PROTOCOLS AND DIET PROGRAMS ASTRINGE, OXYGENATE, AND REBUILD THE BODY ON AN INTRACELLULAR LEVEL.

### Moderate

- .Cold & Flu-like symptoms.
- .Clear and yellow mucus discharge from nose or throat (lungs, bronchi, etc.). This may include blood.
- .Low-grade fevers
- .Coughing with or without discharge.
- .Minor aches & pains.
- .Mucus in stools.
- .Mucus in urine.
- .Loss of energy (energy may go UP and DOWN).
- .Itching & Rashes.
- .Disease symptoms increasing temporarily.
- .Mucus from eyes.
- .Headaches.
- .Minor blurred vision.
- .Minor vertigo.
- Weight loss (average 8-15 lbs. in two weeks. Depends upon level of thyroid weakness. Can be as little as 2 lbs.).
- .Chills
- .Emotional feelings rising up, such as mild crying, anger, or even laughter.
- .Short-term nose bleeds.
- .Some rectal bleeding (hemorrhoids or lesions).
- .Minor blood in urine.

### Advance

- .Vomiting.
- .Diarrhea.
- .Cellulitis "clumping".
- .Dizziness and/or vertigo.
- .Minor heart palpitations.
- .Loose teeth (minor).
- .Minor abscesses in mouth.
- .Migraines.
- .High-grade fever
- .Deep coughing (sometimes dry).
- Use herbs to loosen and eliminate (expectorate) the impacted mucus.
- .Depression or anxieties.
- .Emotional releasing (crying, anger, laughter, etc.)
- .Heavy thoughts (lack of clarity).
- .Skin splitting where heavy toxins exist.
- .Excessive itching.
- .Symptoms of bronchitis or pneumonia
- .Heavy discharges of green to brown mucus from nose and throat (lungs, bronchi, etc.)
- .Pain in joints.
- .Heavy discharge from kidneys (urine color changes to brown, orange or dark yellow, etc.)
- .Pain in old injuries or in degenerative areas of the body.
- .Minor paralysis of limbs.
- .Chronic fatigue symptoms.
- .Nose bleeds.
- .Spasms of the lungs in asthma/emphysema/C.O.P.D.
- .Moderate shortness of breath (asthma, emphysema, C.O.P.D.)
- .Temporary increase in tumor size.
- .Disease symptoms magnifying (short-lived).
- .Sores appearing on the skin.
- .Oozing of innumerable substances from the skin, especially from the hands and feet.
- .Bruising.
- .Weak muscle breakdown (muscle from meat protein).
- .Heavy mucus discharge from eyes and ears.

### Intense

- .Black mucus discharges from the lungs.
- .Heavy brown discharge or blood in the urine with associated kidney pain.
- .Heavy black discharge from the bowels with diarrhea.
- .Tumors popping out all over the body.
- .Loss of sight.
- .Loss of hearing.
- .Severe dizziness (or vertigo).
- .Severe fatigue.
- .Abscesses developing all through the mouth
- .Loss of fingernail or toenails.
- .Excessive weight loss (this can appear when a pancreatic weakness exists).
- .Severe shortness of breath (use an antispasmodic or inhaler).
- .Temporary deep depression, released through crying, anger, laughter, etc.
- .Mental confusion.
- .Skin cracking open.
- .Teeth becoming loose (major).
- .Old suppressed symptoms (c.a. "poison ivy") reappear.
- .Paralysis of any part of the body.

### IN VERY RARE CASES



THE DOORWAY TO ETERNITY